



## News for HAP Partner Agencies and Friends

### Highlights of HAP Monthly Meeting

March 24, 2009

#### Attendees

Debbie Anderson, Snoqualmie Valley Hospital, [deba@snoqualmiehospital.org](mailto:deba@snoqualmiehospital.org)  
Cynthia Ellison, Mayor's Office for Senior Citizens, [Cynthia.ellison@seattle.gov](mailto:Cynthia.ellison@seattle.gov)  
Debbie Goetz, Seattle Emergency Management, [Debbie.goetz@seattle.gov](mailto:Debbie.goetz@seattle.gov)  
Lil Hayashi, Kawabe Memorial House, [royhay@verizon.net](mailto:royhay@verizon.net)  
Robin Knudson, RSVP/Solid Ground, [robink@solid-ground.org](mailto:robink@solid-ground.org)  
Karen Lewis, CHEF, [karenl@chef.org](mailto:karenl@chef.org)  
Tanya McGee, Senior Services, [tanyam@seniorservices.org](mailto:tanyam@seniorservices.org)  
Andrea Meewes, Senior Services, [andream@seniorservices.org](mailto:andream@seniorservices.org)  
Bob Riler, Pierce Co. ALTC, [briler@co.pierce.wa.us](mailto:briler@co.pierce.wa.us)  
Miguel Saldin, ACRS, [miguels@acrs.org](mailto:miguels@acrs.org)  
Sheryl Schwartz, UW Health Promotion Research Center, [sheryls@u.washington.edu](mailto:sheryls@u.washington.edu)  
Lani Sheman, Jewish Family Service, [lschewan@jfsseattle.org](mailto:lschewan@jfsseattle.org)  
Amy Shumann, PHSKC, [amy.shumann@kingcounty.gov](mailto:amy.shumann@kingcounty.gov)  
Shirley Vanderbilt, Alzheimer's Association, [Shirley.vanderbilt@alz.org](mailto:Shirley.vanderbilt@alz.org)

#### Meeting template discussion

There was general agreement that the following would be a good template for future meetings but would not preclude other topics as they arise:

- Partner presentations
- Work plan update
- Web site and communications
- Budget review
- Legislative updates/networking
- Announcements

Legislative updates. Bob Riler reported that Sally Nixon at Pierce County Aging and Long Term Care provides monthly updates that he finds helpful. Sheryl suggested talking with Pam Piering or Karen Winston. Through Constant Contact we can send 'FYIs'.

**ACTION:** Karen Lewis will contact Pam and Karen.

It was also suggested that we connect links to King County legislators on the web site. Sheryl asked for volunteers for a web site review committee. Cynthia Ellison, Andrea Meewes, Sheryl Schwartz, and Karen Lewis volunteered.

**ACTION:** Sheryl Schwartz will initiate scheduling the first meeting within two weeks.

**HAPpenings** newsletter. It was agreed that it was worth continuing. Sheryl suggested changing it from a 4/year to 3/year schedule. The **HAPpenings** primary audience is HAP

members, but we should feel free to send it on to other community members.

Partner presentations. Robin Knudson agreed to keep the schedule for the 20-minute partner presentations that take place at the HAP monthly meetings. The presentations usually take place at the start of the meeting right after welcome and introductions.

If the presenter has audio-visual requests, please contact John Deagen at Senior Services (johnd@seniorservices.org) directly to see if they can accommodate.

The current roster is as follows:

May: Alzheimer's Association - Shirley Vanderbilt

June: Seattle Emergency Management - Debbie Goetz

July: RSVP - Robin Knudson

August: Jewish Family Services - Lani Sheman

Sept.: NEST Village - Debbie Anderson

## **Work Plan Updates**

VISTA, Kathy Ryan, will begin work for HAP on April 19 and will attend the April 28 HAP meeting.

EMS - Alan Abe is in the process of hiring a part-time marketing person to fundraise and leverage funds for his grant. Alan is also working with David Jensen at Seattle Parks and Recreation on elder adult programming.

SPU Nursing Project - 5 students will be working with HAP to promote Active Options. Hap will be investing \$5,000 in the project to buy lists and provide printing. This project will be starting April 1st. New providers will enroll by completing an online survey. Karen Lewis will supervise this project.

## **Budget**

At the suggestion of Debbie Anderson, formerly of Overlake Hospital, Karen Lewis will revise the budget format to reflect the funds designated for a particular year rather than the year the funds were received.

## **Announcements:**

The Alzheimer's Association Conference will be held April 23 & 24.

The Mayor's Office for Senior Citizens Healthy Aging Fair will be held May 5 from 9:00 to 2:00. The keynote speaker will be Basia Belza who will speak on the 7 Habits of Healthy Aging in Seattle.

Andrea Meewes from Senior Services is looking for additional participants for the Matter of Balance Master Classes on June 8 & 9.

Next Meeting: April 28, 8:30 am - 10:00 am at Senior Services.