



## News for HAP Partner Agencies and Friends

### Highlights of HAP Monthly Meeting

July 28, 2009

#### Attendees

Alan Abe, King County EMS, [alan.abe@kingcounty.gov](mailto:alan.abe@kingcounty.gov)

Sara Bernson, Wallingford Comm. Senior Center, [sbernson@wallingfordseniors.org](mailto:sbernson@wallingfordseniors.org)

Nathan Buck, Neighborhood House, [nathanb@NHWA.org](mailto:nathanb@NHWA.org)

Emily Edmiston, Housing Resources Group, [eedmiston@hrg.org](mailto:eedmiston@hrg.org)

Cynthia Ellison, ADS/MOSC, [cynthia.ellison@seattle.gov](mailto:cynthia.ellison@seattle.gov)

Karen Lewis, C.H.E.F., [karenl@chef.org](mailto:karenl@chef.org)

Andrea Meewes, Senior Services, [andream@seniorservices.org](mailto:andream@seniorservices.org)

Bob Riler, Pierce County Aging and LTC, [briler@co.pierce.wa.us](mailto:briler@co.pierce.wa.us)

Kathy Ryan, HAP, [kathyhap@gmail.com](mailto:kathyhap@gmail.com)

Lani Scheman, Jewish Family Service, [lscheman@jfsse.H6.org](mailto:lscheman@jfsse.H6.org)

Sheryl Schwartz, UW Health Promotion Research Center, [sheryls@u.washington.edu](mailto:sheryls@u.washington.edu)

Linda Wells, King County DCHS/CSO, [linda.c.wells@kingcounty.gov](mailto:linda.c.wells@kingcounty.gov)

Christine Westerback, Evergreen Care Network, [cwesterback@evergreenhealthcare.org](mailto:cwesterback@evergreenhealthcare.org)

Karen Winston, ADS, [karen.winston@seattle.gov](mailto:karen.winston@seattle.gov)

#### Presentation by Lani Scheman

A case manager with Jewish Family Service, Lani shared information about the organization's work. It was founded more than 100 years ago to assist Jewish immigrants arriving from Russia and Europe. Jewish Family Service continues immigrant resettlement today, among many other services.

JFS offers assistance to families, people involved in substance abuse, people struggling economically, and older adults. JFS recently published a "Survival Guide" with a broad community focus. Use of the JFS food bank is up 30%. JFS has a volunteer base of 800.

Services to older adults include a social and recreational program called Endless Opportunities. Older adults receive assistance to remain active and healthy, and integrated into all areas of the community. Caregiver and end of life support are also available.

## **HAP Web Site ([www.4elders.org](http://www.4elders.org))**

Cynthia Ellison, Mayor's Office for Senior Citizens, is the HAP Web site coordinator. Highlights included expansion of HAP partner agency links and resources for falls prevention presentations. Cynthia also noted that the HAP Web site can carry announcements of HAP partner events. You can contact Cynthia at [cynthia.ellison@seattle.gov](mailto:cynthia.ellison@seattle.gov) .

## **ShapeUp! Campaign**

Alan Abe, King County EMS, gave a status report on the ShapeUp! campaign involving 4 community/senior centers in King County. Alan distributed the ShapeUp! ad schedule, along with copy for 3 ads. He noted that the sites will be hosting campaign kickoffs in September.

## **Active Options Update**

Kathy Ryan reported on the status of ActiveOptions.org. Pre-launch marketing to activity providers to enroll did not produce a significant response. Recently, HAP representatives have been populating the site's database with local provider information. Glitches in the enrollment process are under review. Promotional cards (5,000) will be distributed to seniors via clinics and senior and community centers. RSVP volunteers will also assist with distribution.

## **Partner Announcements**

- Karen Lewis reported that C.H.E.F. received a DOH grant for reducing tobacco use in public housing through program and policy strategies.
- Bob Riler announced that the Pierce County Falls Prevention Coalition still exists, but that the Northwest Orthopaedic Institute has disbanded .
- HAP and Senior Services will host a booth at Seattle Parks & Recreation's Healthy Parks, Healthy You event at Seward Park on August 22, 2009. Active Options and EnhanceFitness will be featured.

**Next HAP Meeting:** Tuesday, August 25, 8:30 am - 10:00 am at Senior Services, 2208 2nd Avenue, Seattle. For more information, please contact Karen Lewis, C.H.E.F., at (206) 824.2907 Ext 1905.