



News for HAP Partner Agencies and Friends

Highlights of HAP Monthly Meeting

January 26, 2010

Attendees

Debbie Anderson, NEST & Snoqualmie Valley Hospital, deba@snoqualmiehospital.org
Cynthia Ellison, Seattle Mayor's Office for Senior Citizens, cynthia.ellison@seattle.gov
David Jensen, Seattle Parks and Recreation, Lifelong Recreation, jensed44@hotmail.com
Robin Knudson, Solid Ground RSVP, robink@solid-ground.org
Andrea Meewes Sanchez, Senior Services, andream@seniorservices.org
Jessica Mortensen, WA Dental Services Foundation, jmortensen@deltadentalwa.com
Barbara Myers, Pierce County ALTC, bmyers@co.peirce.wa.us
Pam Piering, King County Aging and Disability Services, pamela.piering@seattle.gov
Ninfa Quiroz, SeaMar, ninfaquiroz@seamarchc.org
Bob Riler, Pierce County ALTC, briler@co.pierce.wa.us
Lani Scheman, Jewish Family Services, lscheman@jfsseattle.org
Sheryl Schwartz, UW HPRC, sheryls@uw.edu
Karen Winston, King County Aging and Disability Services, karen.winston@seattle.gov

Presentation: Aging at Home; Building Livable Communities for All Ages

Pamela Piering, director of Aging and Disability Services - Seattle Human Services Department, provided a contextual framework from which HAP could develop strategies to support aging at home in 2010.

Aging at home expands the traditional definition of 'home' to include the broader community in which people live. In order to support aging at home, aging-focused organizations are finding ways to engage with city planners, zoning officials, transportation departments, housing developers, and other community planners to promote an aging perspective in community development.

Support for universal design in housing, increasing options for mobility and transportation, expanding opportunities for lifelong learning, and promoting social networking among communities are all concepts that support aging at home.

HAP plans to look into current initiatives such as the Washington Alliance for Healthy Aging (WAHA), Senior Services' Aging Well Initiative, and Northeast Seattle Together (NEST) to determine potential opportunities for HAP activities in 2010. In particular, inclusive activities that promote asset-based community development will be explored.

Pam's slide presentation is available on the HAP web site at www.4elders.org.

Steering Committee

The steering committee met after the HAP meeting and discussed potential activities for HAP in 2010. All HAP members were encouraged to join the steering committee, which meets on a quarterly basis.

Announcements

Cynthia Ellison announced that the Mayor's Office of Senior Citizens will be hosting a healthy aging fair titled "Aging Strong, Living Long" on May 26th. Members interested in providing a workshop or vendor booth were encouraged to contact Cynthia at Cynthia.ellison@seattle.gov or by phone at 206-233-2781.

Nathan Buck announced that Tuesday, February 2nd from 8:30 a.m. - 1:30 p.m. is Refugee and Immigrant Legislative Day in Olympia and encouraged members to attend.

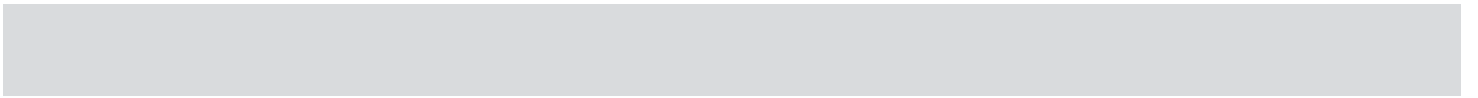
Pam Piering announced that Thursday, February 18th from 8:30 a.m. - 3:00 p.m. is Senior Citizen's Lobby Day in Olympia.

Bob Riler announced the devastating impact that cuts in the Senior Citizens Services Act will have on older adults. Members were encouraged to contact their legislators to encourage restoration of this vital funding.

The next HAP meeting will be held **Tuesday, February 23rd**, from 8:30 a.m. - 10:00 a.m., at Senior Services.

Questions or comments? Please contact:

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