



News for HAP Partner Agencies and Friends

Highlights of HAP Monthly Meeting

February 23, 2010

Attendees

Debbie Anderson, NEST & Snoqualmie Valley Hospital, deba@snoqualmiehospital.org

Joanne Donohue, Senior Services, joanned@seniorservices.org

Cynthia Ellison, Seattle Mayor's Office for Senior Citizens, cynthia.ellison@seattle.gov

Dori Gillam, Senior Services, dorig@seniorservices.org

Jay Kaug, Neighborhood House, jayk@nhwa.org

Robin Knudson, Solid Ground RSVP, robink@solid-ground.org

Karen Lewis, CHEF, karenl@chef.org

Andrea Meewes Sanchez, Senior Services, andream@seniorservices.org

Jessica Mortensen, WA Dental Services Foundation, jmortensen@deltadentalwa.com

Ninfa Quiroz, SeaMar, ninfaquiroz@seamarchc.org

Lani Scheman, Jewish Family Services, lscheman@jfsseattle.org

Sheryl Schwartz, UW HPRC, sheryls@uw.edu

Ginger Seybold, ElderHealth NW, gingers@elderhealth.org

Amy Shumann, PHSKC, amy.shumann@kingcounty.gov

Kari Washburn, Group Health, washburn.k@ghc.org

Karen Winston, King County Aging and Disability Services, karen.winston@seattle.gov

Partner Presentation: Aging Well in Community

Joanne Donohue, Vice President, Senior Services of King County/Seattle presented on Senior Services' Aging Well Initiative. This initiative is designed to organize communities around their strengths in order to address issues on the horizon in relation to the growing aging population.

Aging Well will use an Asset Based Community Development (ABCD) model to engage communities in a visioning process around healthy aging from which unique projects will emerge. These projects will be created, planned, and executed by community members with support from Senior Services and other Aging Well partners.

Because this project depends on the energy and unique ideas of the community, concrete projects have not yet been defined. An Advisory Committee consisting of twenty-two aging and community center professionals has been formed in order to guide the project into action. As a result of meeting with over eighty stakeholders in King County, two initial communities have been identified to begin the visioning process: Southeast Seattle and Shoreline/Lake Forest Park. The first community gatherings will be held in May and June. Action teams will be formed from these gatherings to plan and carry out the resulting visions.

HAP 2010 Work Plan Discussion

The Aging Well presentation generated much discussion around how HAP could be involved in community building efforts to support aging at home. The initial idea is for HAP to identify four to five community centers from which a small group of volunteers would be recruited to participate in a resource sharing and leadership development training that HAP would host. A VISTA volunteer may be available to assist HAP in carrying out the work plan. This discussion will continue at our March meeting in order to finalize a plan.

Announcements

Cynthia Ellison announced that the Mayor's Office of Senior Citizens will be hosting a healthy aging fair entitled "Aging Strong, Living Long" on May 26th. Members interested in providing a workshop or vendor booth were encouraged to contact Cynthia at Cynthia.ellison@seattle.gov or by phone at 206-233-2781.

The next HAP meeting will be held **Tuesday, March 23**, from 8:30 a.m. - 10:00 a.m., at Senior Services.

Questions or comments? Please contact:

Andrea Meewes Sanchez
Senior Services
206-268-6736
andream@seniorservices.org

