



News for HAP Partner Agencies and Friends

Highlights of HAP Monthly Meeting

August 24, 2010

Attendees

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Announcements

NEST (North East Seattle Together) is hosting a fundraiser on Sunday, November 7, 2010 from 5:00 - 8:00pm at Temple Beth Am, 2632 NE 80th Street, Seattle, WA 98115. Nancy Pearl will be the keynote speaker and a buffet dinner will be provided. RSVP by October 15th to NEST; cost is \$55 per person. Call 206-525-NEST for an event registration form.

The Centers for Disease Control and Prevention's Healthy Aging Research Network is hosting a series of webinars and training opportunities focused on environmental and policy change for healthy aging.

The modules address:

1. Introduction to Environmental and Policy Change for Healthy Aging
2. Optimal Living Environments for Healthy Aging
3. Integrated Approaches to Mobility
4. Emerging Environmental Issues in Healthy Aging

Sign up at www.icohere.com/EPC/EPCKeepMeInformed.htm to receive registration information, or e-mail hanepc@uw.edu for general information.

Washington Alliance for Healthy Aging (WAHA) is hosting a summit on September 24, 2010, entitled Healthy Aging in Healthy Communities. Speakers will present on unique collaborations and policy change to address healthy aging and include Jim Diers, Bob Scarfo, and Anne Vernez-Moudon. For registration information, visit: <http://livingwell.doh.wa.gov/>.

ElderHealth Northwest will host an annual breakfast fundraiser on Wednesday, September 22, 2010 at 7:30am at the Seattle Sharaton, 1400 Sixth Avenue in Seattle. Chris (Himes) Fordyce, M.D. is the featured speaker. RSVP by September 1 to devehnw@gmail.com or 206-224-3749.

Greenwood Senior Center hosted a 75th Anniversary of Social Security Birthday Party that was attended by over 250 people. This event was a great success.

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Aging at Home Initiative

HAP's Aging at Home Workshop will be held on Wednesday, September 15, 2010, from 9:30 - 3:00pm at The Brig at Magnuson Park, Building 406 in the View Ridge Room located at 6344 NE 74th Street, Seattle, WA 98115. Community members are welcome to attend alone or in teams to learn about Aging at Home topics including healthy living, emergency preparedness, lifelong learning, and civic engagement. Also, the workshop will provide information about grant funding available through HAP for teams of older adults to implement projects in their own communities. Speakers include Pam Piering, Aging and Disability Services, Basia Belza, UW Health Promotion Research Center, Penny Rempfer, Center for Dependable Strengths, Roger Neal, Lifetime Learning Center, and Debbie Goetz, Seattle Police Department.

To register for the Aging at Home Event, visit <http://www.aarpwa-agingathomeworkshop.eventbrite.com/> or call 1-877-926-8300. To learn more about the Aging at Home funding and download an application visit <http://www.4elders.org/>.

Next HAP meeting: **September 28, 2010**, 8:30 a.m. to 10:00 a.m., Senior Services.

HAP questions or comments? Please contact:

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