

HAP Meeting, September 28, 2010

Attendees

Karen Lewis, CHEF, karenl@chef.org
Robin Knudson, RSVP, robink@solid-ground.org
Andrea Meewes Sanchez, Senior Services, andream@seniorservices.org
Cynthia Ellison, Mayor's Office for Sr. Citizens, cynthia.ellison@seattle.gov
Sheryl Schwartz, UW Health Promotion Research Center, sheryls@uw.edu
Alicia Hinckley, Comm. Services for the Blind and Partially Sighted, ahinckley@csbps
Norah Ermin-Stewart, Wallingford Community Senior Center,
norah@wallingfordseniors.org
Claire Petersky, Faith in Action, claire@faithinaction4seniors.org
Jay Kang, Neighborhood House, jayk@nhwa.org
Ninfa Quiroz, SeaMar, ninfaquiroz@seamarchc.org
Karen Winston, Aging & Disability Services, karen.winston@seattle.gov

Partner Presentation

Ninfa Quiroz from SeaMar Community Health Centers presented the history, programs, and services of SeaMar. Their contributions to the community are many. To learn more, visit their web site at <http://www.seamar.org>.

Budget Report

A special thank you to RSVP/Solid-Ground for their recent contribution of \$250 and to Washington Dental Service Foundation for gift of \$2,500. All contributions are so appreciated and will help keep HAP moving strong into the future.

Aging at Home Initiative Report

Thanks to all who participated, and especially the planning subcommittee, for putting together such an outstanding community event. The September 15th workshop to announce HAP's new initiative, and provide community education and grant writing technical support, was attended by 95 people, including a good mix of professionals and older adults. The presentations were dynamic and participants seemed very engaged. Special thanks to SeaMar for donating all the food and food service! Applications are due November 1, 2010. For more information and to download the application, go to <http://www.4elders.org>.

A suggestion for next year was to have HAP consider offering more "how-to" sessions for older adults who want to better understand the practical nuts and bolts of making their home and community aging-friendly. Ninfa shared that SeaMar rents meeting space quarterly at South Seattle Community Center and space is open from 3:30 p.m. to 6:30 p.m. if HAP wanted to host a workshop at that time.

Farewell to Karen Lewis

Everyone gave me a very thoughtful and gracious send off. I will truly miss working with everyone involved with HAP! We discussed how some duties will shift during October.

Duties include:

- Email communication through Constant Contact - Sheryl will take the lead
- Web updates and announcements through IllumiAge - Andrea will take the lead
- Fiscal sponsor responsibilities - Senior Services is considering this role; we also discuss approaching Neighborhood House if Senior Services is not able to take HAP finances on at this time

Announcements

Community Services for the Blind and Partially Sighted

Going Blind and Going Forward, a documentary to promote awareness of vision loss.

Screenings are 80-minutes in length and the cost is \$10 per person. Each screening begins at 1:30 p.m.

November 7, Seattle @ The Seattle Musical Theater, Magnuson Park

November 13, Everett @ Snohomish Public Utilities Theater

November 14, Bellevue @ Carlson Theater, Bellevue College

November 20, Tacoma @ Annie Wright School

For more information, contact Alicia Hinckley at ahinckley@csbps.com.

Senior Services

Their soiree is being held this Friday, October 1st. A lot of the auction items are available on ebay. Go to <http://shop.ebay.com/seniorservices/m.html> to make your purchases (bidding ends soon).

RSVP

RSVP is hosting a breakfast to honor outstanding volunteers for their commitment to service. The breakfast will be held at Emerald Downs on October 19th and the featured speaker is Basia Belza from the UW Health Promotion Research Center.

For more information, please contact robink@solid-ground.org.

Next HAP meeting: **October 26, 2010**, 8:30 a.m. to 10:00 a.m., Senior Services

Questions or Comments:

Andrea Meewes Sanchez

Senior Services

andream@seniorservices.org