



News for HAP Partner Agencies and Friends

Highlights from HAP Monthly Meeting

October 26, 2010

Please read this brief summary of the October 26th HAP meeting.
We look forward to seeing everyone at the November 23rd HAP meeting.
Please note that **there is no December HAP meeting.**

Healthy Aging Partnership
Meeting Highlights
October 26, 2010

Attendees

Nate Brown, ElderHealth NW, nateb@elderhealth.org
Cynthia Ellison, ADS/Mayor's Office for Senior Citizens, Cynthia.ellison@seattle.gov
Norah Erwin-Stewart, Wallingford Community Senior Center, norah@wallingfordseniors.org
Alicia Hinckley, CSBPS, ahinckley@csbps.com
Katheryn Howell, CareForce, katheryn@careforce.com
Robin Knudson, Solid Ground RSVP, robink@solid-ground.org
Andrea Meewes Sanchez, Senior Services, andream@seniorservices.org
Carrie Pope, Senior Services, carriep@seniorservices.org
Sheryl Schwartz, UW HPRC, sheryls@uw.edu
Laura Simpson, Faith in Action, laura@faithinaction4seniors.org
Karen Winston, ADS, karen.winston@seattle.gov

Partner Presentation

Cynthia Ellison presented information on services provided through the Aging and Disability Services' Mayor's Office for Senior Citizens. These services include Information and Assistance through a partnership with Senior Services, Title V Senior Community Service Employment Program, an Employment Resource Center for people age 55+, Energy and Utility Assistance Programs, the Gold Card for Healthy Aging, computer classes, and free water-saving toilets. Each program has specific age

and income requirements. Annual events such as the Old Timers' Picnic, Senior Day at the Columbia Tower, and Healthy Aging Fair are organized by this office. The Mayor's Office for Senior Citizens also produces the "Spotlight" newsletter published three times per year. For more information, call 206-684-0500 or go online to www.seattle.gov/seniors, or email Cynthia at Cynthia.ellison@seattle.gov.

Aging at Home Initiative

The Aging at Home applications are due on November 1st. The application review committee will be meeting to make funding decisions in the next two weeks and grant recipients will be notified on November 19th.

Looking Ahead: 2011 Priorities, Goals and Activities

HAP will continue to support the Aging at Home movement in 2011. Ideas to support fall prevention, access to resources, and end of life planning were discussed. Potential activities include providing learning opportunities for older adults via a 'how-to' workshop, continuing education for community providers, and broadening membership to include more community partners. This discussion will continue at the November HAP meeting.

Announcements

Community Services for the Blind and Partially Sighted presents a film screening of "Going Blind: Coming Out of the Dark about Vision Loss" at four community locations: Seattle Musical Theatre at Magnuson Park on November 7th in Seattle, Snohomish County PUD on November 13th in Everett, Bellevue College Carlson Theatre on November 14th in Bellevue, Annie Wright School on November 20th in Tacoma. All viewings begin at 1:30pm and a panel discussion will follow. The cost is \$9.50 for pre-registrants or \$15 at the door. Register at www.brownpapertickets.com/producer/25110 or call 1-800-838-3006.

Wallingford Community Senior Center presents "New Thinking for Healthy Aging," a no-cost series of learning conversations. On Wednesday, November 10th, 6:30 - 8:30pm, Dr. Cyrus Appell, a retired GHC palliative care and hospice physician and active Wallingford neighbor, will facilitate an educational discussion entitled "Aging Well: Challenging Myths, Embracing Possibilities" at the Wallingford Community Center. For more information, contact norah@wallingfordseniors.org or 206-461-7825.

Next Meeting

Tuesday, November 23, 2010, 8:30am - 10:00, Senior Services, 2208 2nd Avenue, Seattle 98121.
Reminder, there is no HAP meeting in December.

HAP questions or comments? Please contact:

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