



News for HAP Partner Agencies and Friends

Highlights from HAP Monthly Meeting January 25, 2011

Please read this brief summary of the January 25th HAP meeting.

We look forward to seeing everyone at the February 22nd HAP meeting (8:30-10:00 at Senior Services, 2208 2nd Ave, in Belltown).

Mark your calendar for an upcoming special HAP presentation: At the Tuesday, March 22, 2011, **HAP meeting, Dr. Asuman Kiyak**, director of the UW Institute on Aging, will present "Strategies for Successful Aging at Home: The Burgeoning Role of Technology."

Healthy Aging Partnership
Meeting Highlights
January 25, 2011

Attendees: See list at the end of the meeting summary

Aging at Home Initiative: We acknowledged the four grant recipients and presented them with their grant check. Each representative of the grant recipient organization spoke to their individual project.

1. Dagmar Cronn with the **South Park Fall Prevention and Fitness Program** at the South Park Neighborhood Center reported that they started their weekly one-hour exercise and fall prevention program on November 28th and are looking forward to increasing that to 2 and then 3 hours a week.
2. Curtis Brown with the Southeast Seniors Foundation for the **Brighton Senior Farms Project** stated the grant proposal was in response to the open land and energy issues presented by senior residents. The project is off to a good start with support from the neighboring senior center and an local architecture company.

3. Jessica Wong with Kin On Health Care Center for the **Intergenerational Multimedia Story-telling Project**, now known as Story Circle, stated their first Story Circle will be held on February 2nd from 7-8:30 p.m. at Kin On Health Care Center, 4416 S Brandon St, Seattle, WA 98118. Their project will continue to include weekly storytelling, community day of sharing, and educational workshops.

4. Dave Sanford with Sammamish Cares for **the Sammamish Cares** project reported they have already identified projects and are coordinating with volunteers.

Partner Presentation

Joanne Donohue with Senior Services presented information on the Aging Your Way Initiative and how they are engaging baby boomers ages 45+ in their community with the goal of getting them involved in community changes that support them as they age. They are doing this in response to changing demographics and a decrease in government resources. To help determine what seniors see for the future, they have held four gatherings in King County and plan to host five more. "Visions have been created and action teams are going strong."

Dori Gillam asked the group, "How do we meet the needs of diverse communities?"

Suggestions were offered such as, providing translators at gatherings, invite individuals representing specific groups, and offering focused meetings after the gatherings. All are encouraged to refer members of diverse communities to attend the upcoming Aging Your Way community meetings.

The next two gatherings are: **February 3**, 5:30-8:30 at Nordic Heritage Museum, 3014 NW 67th St, 98117 and **March 3**, 5:30-8:30 at the Garfield Community Center, 2323 East Cherry, 98122.

For more information about the initiative and to register to attend a community meeting, go to this Web site:

http://www.seniorservices.org/getting_assistance/all_programs/aging_your_way.aspx

Looking Ahead: 2011

The question initiating discussion was, "What can HAP do to build on work already being done?" Suggestions were: including HAP's work at the Washington Alliance for Healthy Aging Summit, having grant recipients share success of projects, bringing concept of community sharing to macro level, integrating technical expertise and semi-formal sharing, collaborating with innovative for-profit organizations, coordinating relay of information about available services with senior information and assistance, and alternating HAP meeting locations.

Announcements

Karen Winston announced that **Senior Lobby Day** in Olympia is scheduled for **Thursday, February 24th**. All are encouraged to participate. Visit www.waseniorlobby.org for more information.

King County Housing Authority recently received \$4 million in American Recovery and Reinvestment Act funds to convert 50 of its rental units into fully ADA-accessible and UFAS-compliant homes. KCHA is at the beginning of the construction phase of this project. Units are being rebuilt throughout King County in cities like Shoreline, Issaquah, Bellevue, Kent, Kirkland, Woodinville, Federal Way, Auburn, and Burien. KCHA is now accepting applications and/or transfer request for these units. Please visit www.kcha.org to download an application or call (206) 574-1100 to have one mailed.

The Mayor's Office for Senior Citizens' next Senior Coffee Hour will be held on Thursday, February 17 at the Central Building, 810 3rd Ave from 10 a.m. - 11 a.m. Dannette R. Smith, the new director of the City's Human Services Department . For more information e-mail seniors@seattle.gov or call (206) 684-0500.

The Alzheimer's Association is hosting their 26th annual Alzheimer's Regional Conference on April 1, 2011, with pre-conference activities scheduled for March 31 at the Washington State Convention Center.

Community Services for the Blind and Partially Sighted is hosting Insight: A Low Vision Expo on May 21, 2011 at the Lynnwood Convention Center. For more information contact Michael Craig at mcraig@csbps.com or (206) 525-5556.

Wallingford Community Senior Center is hosting the New Thinking for Healthy Aging Series. "Resilience As We Age" is scheduled for Wednesday, February 16th from 6-8 p.m. Advance sign up appreciated at (206) 461-7825.

Northshore Senior Center is hosting a documentary on LGBT older adults, Gen Silent. It is scheduled for Friday, February 25th from 1-3 pm at the Northshore Senior Center, 10201 East Riverside Dr, Bothell, WA 98011. For more information contact (425) 487-2441.

Next HAP Meeting: Tuesday February 22, 2011, 8:30-10:00, at Senior Services (2208 2nd Avenue, Seattle)

Upcoming special HAP meeting: On Tuesday, **March 22, 2011**, please join us as we welcome a special speaker at the HAP meeting. **Dr. Asuman Kiyak**, director of the UW Institute on Aging, will speak about strategies for successful aging at home.

Attendees:

Alan Abe, KC EMS, alan.abe@kingcounty.gov
Alicia Hinckley, CSBPS, ahinckley@csbps.com
Andrea Meewes Sanchez, Senior Services, andream@seniorservices.org
Bob Riler, Pierce County ALTC, brier@co.pierce.wa.us
Carol Baxter, Seattle Parks and Recreation Dept., carol.baxter@seattle.gov
Carrie Pope, Senior I&A, carriep@seniorservices.org
Cecily Kaplan, Phinney Center, cecily@phinneycenter.org
Chunghi Kim, Kawabe Memorial House, chunghikim@gmail.com
Connie Devaney, Kawabe Memorial House, connie.devaney@gmail.com
Curtis Brown, SE Seattle Senior Foundation, Curtis@sssmanagement.org
Cynthia Ellison, City of Seattle - MOSC, Cynthia.ellison@seattle.gov
Dagmar Cronn, South Park Seniors, cronn@oakland.edu
Dave Sanford, Sammamish Cares, davesanford@live.com
David Jensen, Seattle City of Lifelong Recreation, davidjensen@seattle.gov
Dori Gillam, Senior Services, dorig@seniorservices.org
Gurleen Gulati, IAWW @ ACRS, iawwgurleen@hotmail.com
Jessica Wong, Kin On Health Care Center, jwong@kinon.org
Joanne Donohue, Senior Services, joanned@seniorservices.org
Joanne Maher, Alzheimer's Assoc., joanne.maher@alz.org
Karen Lewis, WDSF, kewis@deltadentalwa.com
Karen Winston, ADS, Karen.winston@seattle.gov
Laura Simpson, Fait in Action, laura@faithinaction4seniors.org
Michael Craig, CSBPS, mcraig@csbps.com
Miguel Saldin, ACRS, miguels@acrs.org
Norah Erwin-Stewart, Wallingford Community Senior Center, norah@wallingfordseniors.org
Robin Knudson, Solid Ground RSVP, robink@solid-ground.org
Ruben Rivera Jackman, KCHA, rubenr@kcha.org
Sabrina Jones, Senior Services, sabrinaj@seniorservices.org
Sheryl Schwartz, UW HPRC, sheryls@uw.edu
Tanya Mcbee, Senior I&A, tanyam@seniorservices.org

HAP questions or comments? Please contact:

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