



News for HAP Partner Agencies and Friends

Highlights from HAP Monthly Meeting March 22, 2011

Below please find a summary of the March 22nd HAP meeting. In particular, please note the many interesting partner announcements at the end of the meeting summary.

Healthy Aging Partnership Meeting Highlights

March 22, 2011, 8:30 - 10:00am

Attendees

Robin Knudson, RSVP, robink@solid-ground.org

Kari Washburn, Group Health, washburn.k@ghc.org

David Jensen, SPR -Lifelong Rec, david.jensen@seattle.gov

Alicia Hinckley, SightConnection, ahinckley@sightconnection.org

Cheryl Weber, AARP, cred@aarp.org

Bob Riler, Pierce County ALTC, briler@co.pierce.wa.us

Sheryl Schwartz, UW HPRC, sheryls@uw.edu

Karen Lewis, WDSF, klewis@deltadentalwa.com

Aura Hokanen, Greenwood Senior Center, auro@phinneycenter.org

Karen Winston, ADS, Karen.winston@seattle.gov

Lani Scheman, JFS, lscheman@jfsseattle.org

Mattie Taplin, Senior Services, mattiet@seniorservices.org

Partner Presentation

Alicia Hinckley of SightConnection, formerly Community Services for the Blind and Partially Sighted, presented information on her organization. SightConnection is a private, nonprofit agency that specializes in products and services that help people thrive despite vision loss. Services and expertise include: counseling to help clients understand and adjust to their diagnosis; a low vision clinic (Bremerton, Seattle, and Sedro Woolley); assistive technology, in-home independent living skills, and safe travel training; educational programs; and a store with more than 400 products designed to make life easier despite vision loss. Demonstration on the accessible features of Macbook was given. For more information about SightConnection visit: www.SightConnection.org

Insight: A Low Vision Expo will be held on May 21, 2011 from 9AM - 3PM at the Lynnwood Convention Center. All were invited to attend Insight as a vendor and to invite members in their community. Contact Michael Craig at (205) 525-5556 or MCraig@SightConnection.org for more information.

Project Planning: 2011 Aging at Home Workshop

The group discussed last month's ideas for potential topics: universal design, nutrition, mobility, user-friendly technology, etc. It was suggested that we will have a workshop in the fall as a natural progression to what we'll be working on this year. The idea of many small workshops was discussed with the note that it would be necessary to have strong support from community resources to be successful.

History was provided on past HAP training events. The workshop has focused on trainings for senior service providers as well as services for older adults. Last year, the event was a cross between both. It was a successful event, but the older adults responded saying they wanted something more "concrete."

It was suggested that the workshop showcase the grantees and how their projects are going in their communities, or that the event be hosted at those locations. One response was that the grantees are still working on building an audience for their project, so they're not sure they have a solid base to host workshop. Partnering with Senior Services' Aging Your Way project and working together to build on ideas was discussed. Oral hygiene, expanding on neighborhood watches, intergenerational, how to access healthcare, telephone meetings, and healthcare were discussed as topics and ideas. Robin will contact Debbie Goetz with Seattle Police Emergency Management to see who in the Police Department might be interested in participating.

It was suggested that we identify first if we are hosting workshop for those who will need services in the future (i.e., baby boomers) or those who are currently trying to reach services.

Lani Scheman, Cheryl Weber, Sheryl Schwartz, and Karen Winston all expressed interest in joining subcommittee. It was suggested that Cecily Kaplan, Greenwood Senior Center might be interested as well as Michael Craig, SightConnection and Dori Gillam from Senior Services.

Budget Report

We have approximately \$34,500 in our account with two ongoing fees: Constant Contact and IlluminAge. Some of funds will be used for the Aging at Home Workshop. For HAP to maintain its revenue it relies on partner contributions. The agencies that made their annual contributions were thanked and those who have not were asked to please support.

Announcements

AARP's "Recareering at 50 Plus: Deciding What's Next" will be held on 3/24/11
http://www.aarp.org/states/state_event_calendar_detail.10147.WA/

AARP national prescription drug take back day will be Saturday, April 30, 2011 from 10 a.m. - 2 p.m. Call 800-882-9539 or visit www.dea.gov for collection site near you.

Join AARP to learn more about how the new health care law benefits you and strengthen Social Security now with on the road forums scheduled from May through June.

Greenwood Senior Center has joined their quarterly newsletter with Phinney Neighborhood Association. Review is meant to empower seniors to stay in their home and age in place.

Aging and Disability Services is conducting an online survey to plan and decide what will go in their four year plan. Visit www.agingkingcounty.org for more information.

Aging and Disability Services is hosting Focus on the Future Forum: Innovations for Accountable Care on April 6, 2011 with Marc Pierson, MD. Go to this Web site for more information: <http://www.agingkingcounty.org/calendar.asp?view=NMonth>

Sheryl announced steering committee meetings are held quarterly after HAP meetings. All are welcome to join or attend meeting if interested. Contact Sheryl, Karen, or Robin for more information.

The Economy and how it has impacted our agencies will be a topic for future meetings. It was suggested that HAP members invite agency CEOs and other staff members to join and add to discussion.

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Next HAP Meeting

Tuesday, **April 26, 2011, 8:30-10:00**, at Senior Services (2208 2nd Avenue, Seattle). At that meeting, we will welcome a special guest. **Dr. Asuman Kiyak**, director of the UW Institute on Aging, will speak on "Strategies for Successful Aging at Home: The Role of Technology." This presentation was originally scheduled for March 22nd and has been rescheduled for April 26th.

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