



News for HAP Partner Agencies and Friends

Summary of the HAP Monthly Meeting
September 27, 2011

Healthy Aging Partnership Meeting Summary

September 27, 2011, 8:30 - 10:00am

Next HAP Meeting

Tuesday, October 25, 8:30-10:00am, at Senior Services (2208 2nd Avenue, Seattle).

We will devote the Oct. 25th HAP meeting to a facilitated discussion about HAP's future. Please help us think together about how HAP can be an effective coalition and meet the needs of our member organizations and the clients they serve. Pam Piering, the recently retired director of Aging and Disability Services, will lead the discussion. All are welcome to this meeting, even if not previously active in HAP!

Partner Presentation

Karen Winston, a planner at **Aging and Disability Services**, the Area Agency on Aging (AAA) for Seattle and King County, reported on their 2012-2015 Area Plan on Aging. Each of our country's 629 AAAs is required to write an Area Plan on Aging every four years. In developing the 2012-15 Area Plan, ADS staff gathered input from many aging and disabled community members, caregivers, and aging

services professionals. They gathered this input via community conversations, an on-line questionnaire, and various meetings with professional colleagues. Karen showed us some statistics that demonstrate how much the aging population is growing in King County, the increasing cultural diversity of our county's aging population, and poverty rates among older community members. The Area Plan has five goals: 1) Improve health care quality of older adults, 2) Address basic needs, 3) Improve health and well-being, 4) Increase independence for frail older adults and people with disabilities, and 5) Promote aging readiness. Karen shared highlights from the Area Plan that address each of these goals. If you'd like to see the plan, in January 2012 it will be available on the ADS website: AgingKingCounty.org.

HAP's Strategic Visioning meeting: Oct. 25th

We will devote the next HAP meeting (Oct. 25th) to a facilitated discussion about HAP's future. We will ask HAP members to think together about how HAP can be an effective coalition and meet the needs of our member organizations and the clients they serve. Please come to the October 25th HAP meeting, and help us to chart our course for the next 3-5 years. Pam Piering, the recently retired director of Aging and Disability Services, will lead the discussion. All are welcome to this meeting, even if not previously active in HAP!

HAP website

Helen Geld of Skybourne Design demonstrated the changes she has made to the HAP website to make it more attractive, up-to-date, and user-friendly. After next month's strategic visioning meeting, we will decide whether we want the HAP website to focus more on an audience of older adult community members or professionals working in the area of aging services and programs.

The Brighton Senior Farm, a HAP-sponsored Aging at Home project

Curtis Brown, from the Southeast Seattle Senior Foundation, described the terrific work they're doing on the Brighton Farm. This work was funded by a grant from HAP, as part of our Aging at Home initiative. The Brighton Senior Farm has had many successes, including involvement of diverse community members, the development of a wonderful farm site, and the production of a successful crop (given the limitation of our cool summer this year). They have revised their work plan somewhat to focus on: 1) getting more community members involved, and 2) building their gardening infrastructure before they sell their produce to other community members. In order to reach these goals, they have received a nine-month no-cost extension on their HAP grant, as have the other three Aging at Home grant recipients.

Partner Announcements

SightConnection is sponsoring their first annual walkathon at Magnuson Park on October 1st. They have lots of fun activities planned, including live music. All are welcome to walk or sponsor a walker.

Senior Lobby Day will be the third Friday in October (the 21st) in Tacoma. There is more information on the event here:

There are some organizational changes at **Seattle's Human Services Department** (HSD). Because ADS has different funding streams and service mandates than other HSD divisions, they will continue to provide the same type of service, funding, and planning functions.

Greenwood Senior Center is providing several new programs: 1) Support for adult-daughter caregivers of mothers; 2) Alzheimer's Café, and 3) social gatherings for people in early stages of memory loss. There is more information on these programs and others here:

The Seattle Department of Parks and Recreation is changing their service delivery model at community centers because of severe budget cuts. So far, the Lifelong Recreation program has not been directly affected but there will be indirect changes because the community centers will be open fewer hours.

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Attendees

Curtis Brown, Southeast Seattle Senior Foundation

Dagmar Cronn, South Park Seniors

Sopha Danh, Neighborhood House

Helen Geld, Skybourne Design

Eden Greer, SightConnection

Doug Harkness, Full Life Care

David Jensen, Seattle Parks & Recreation, Lifelong Recreation Program

Cecily Kaplan, Greenwood Senior Center, Phinney Neighborhood Association

Robin Knudson, RSVP, Solid Ground

Joanne Maher, Alzheimer's Association

Sheryl Schwartz, UW Health Promotion Research Center

Karen Winston, Aging and Disability Services, Seattle Human Services Department

Do you have questions or comments about HAP?_

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